



Fall 1	Credits	Success Marker
COMS 100	3	
ENGL 103	3	
Math Core Competency	3	
Gen Ed: Humanities	3	
Gen Ed: Humanities	3	
UNIV 101	1	
<b>Total hours</b>	<b>16</b>	
<b>Notes/Comments:</b> 1. Discuss Test of Academic Proficiency (TAP) <a href="http://www.icts.nesinc.com">www.icts.nesinc.com</a> , and ACT scores		

Spring 1	Credits	Success Marker
PHHE 206	3	• C or better
ENGL 104	3	
Gen Ed: Humanities	3	
Gen Ed: Science/Math	3	
Gen Ed: Social Science	3	
<b>Total hours</b>	<b>15</b>	
<b>Notes/Comments:</b> 1. BIOS 103 or 109 recommended 2. PSYC 102 recommended 3. Consult program advisor about review for TAP		

Fall 2	Credits	Success Marker
ETT 229	3	• Successfully meet NIU math core competency
FCNS 201 or 405	3	• C or better
PSYC 225 or 219	3	
Gen Ed: Science/Math	3-4	
Gen Ed	3	
<b>Total hours</b>	<b>15-16</b>	
<b>Notes/Comments:</b>		

Spring 2	Credits	Success Marker
PHHE 220	3	• C or better
BIOS 311 or 357	4-5	
EPFE 321, 400 or 410	3	• Successful completion of the Test of Academic Proficiency
Gen Ed: Interdisciplinary Studies *	3	• a 2.75 cumulative GPA
KNPE 262	2	• A TB test and a criminal background check are all required before taking PHHE 300 in the Fall
<b>Total hours</b>	<b>15-16</b>	
<b>Notes/Comments:</b> * Recommended Gen Ed: EPFE 201 or IDSP 211		

Fall 3	Credits	Success Marker
PHHE 300	3	• C or better
PHHE 402	3	• C or better
PHHE 404	3	• C or better
LTRE 311 (or 310 if offered)	3	
ETT 402	3	
EPS 406	3	
<b>Total hours</b>	<b>18</b>	• Maintain 2.75 Cumulative GPA
<b>Notes/Comments:</b>		

Spring 3	Credits	Success Marker
PHHE 400	3	• C or better
PHHE 406	3	• C or better
PHHE 408	3	• C or better
PHHE Elective (see list) <sup>1</sup>	3	• C or better
EPS 419	3	• Successful completion of the Health Content Exam is required before student teaching
LTIC 301	3	
<b>Total hours</b>	<b>18</b>	• Maintain 2.75 Cumulative GPA
<b>Notes/Comments:</b> 1. PHHE 302, 304, 306, 404, 406, 410, 412 or 472		

Fall 4	Credits	Success Marker
PHHE 482	3	• C or better
ETR 440	3	
SESE 457	3	• Apply for graduation (2/1 for May, 6/15 for August, or 9/1 for December)
TLCI 422	3	
Elective	3	
<b>Total hours</b>	<b>15</b>	• Maintain 2.75 Cumulative GPA
<b>Notes/Comments:</b> APT Exam needed for Graduation		

Spring 4	Credits	Success Marker
PHHE 484	6	• C or better
PHHE 486	6	• C or better
		• Successful completion of the Assessment of Professional Teaching Exam is required for final certification and graduation
		• Meet all degree requirements based on courses in progress.
<b>Total hours</b>	<b>12</b>	• Maintain 2.75 Cumulative GPA
<b>Notes/Comments:</b>		

*Notes/Comments: This plan is an example of what a four year plan could look like for a typical student. Placement exam scores in math as well as the completion of coursework may change the plan. It should not be used in the place of regular academic advising appointments. All students are encouraged to meet with their advisor each semester to discuss course scheduling. All requirements are subject to change by NIU.*

*Health Education students are also encouraged to complete a minor that will lead to an endorsement in an area such as physical education, English, Foreign Language, Science, Mathematics or Social Science. Additional coursework may be necessary.*